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INTERNATIONAL A-LEVEL PSYCHOLOGY

UNIT 3 ADVANCED TOPICS AND RESEARCH METHODS 2

Specimen 2018

Morning

Time allowed: 1 hour 30 minutes

Materials

For this paper you must have:

• a calculator, which you are expected to use where appropriate.

Instructions

- Use black ink or black ball-point pen.
- Fill in the boxes at the top of the page.
- Answer all questions.
- You must answer the questions in the spaces provided.
 Do not write outside the box around each page or on blank pages.
- · All working must be shown.
- Do all rough work in this book. Cross through any work you do not want to be marked.

Information

- The marks for questions are shown in brackets.
- The maximum mark for this paper is 90.
- You may use a bilingual dictionary.
- You may not use an English dictionary.

For Examiner's Use		
Question	Mark	
1		
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13		
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15		
TOTAL		

Section A: Psychology of sleep

Answer all questions in the spaces provided

0 1 In **Table 1** below there are four examples of biological rhythms.

For **each** example, indicate whether it is a circadian, infradian or ultradian rhythm by ticking the correct box in **Table 1** next to the example.

Table 1

Example of biological rhythm	circadian	infradian	ultradian
Alternating periods of REM and non- REM sleep			
Changes in body temperature throughout the day and night			
Depression that occurs regularly at a certain time of year			
The normal sleep- wake cycle			

[4 marks]

0 2	Read the item and answer the question that follows.
	Leila is a doctor. She has just started working on night duty at the hospital. After a week on night duty, she finds that she has problems sleeping during the day and is becoming anxious and irritable. Leila also finds it hard to concentrate when she is working at night.
	Explain what is meant by endogenous pacemakers and exogenous zeitgebers. Refer to Leila's experiences in your answer. [6 marks]

0 3	Describe and evaluate the restoration theory of sleep.	[20 marks]

Section B: Schizophrenia

Answer all questions in the spaces provided.		
0 4	Describe the procedure and findings of a study in which the reliability diagnosis of schizophrenia was investigated.	/ of [6 marks]

0	5	Read the item :

Read the item and answer the question that follows.

Matt and Andrew both show symptoms of schizophrenia in their behaviour.

Matt believes that people want to hurt him. He hears voices telling him to stay in the house and keep the blinds closed. He sometimes has periods of wild excitable behaviour.

When Andrew speaks, his words are unconnected and the sentences make no sense. He cannot be bothered to get out of bed or eat.

Four symptoms of schizophrenia are listed below. Choose a behaviour from the descriptions of either Matt or Andrew above to match **each** symptom. Write the matching behaviour in the space provided next to the name of the symptom.

[4 marks]

<u>Symptom</u>	Behaviour from the descriptions of Matt or Andrew
Avolition	
Delusion	
Hallucination	
Speech poverty	

0 6	Discuss the use of drug therapy for schizophrenia.	[20 marks]

-

Section C Research: Research Methods 2

Answer all questions in the spaces provided.

A psychologist wanted to know if there was a relationship between job stress and the number of hours worked per week.

He asked 10 people working in different jobs to record in a diary the number of hours they worked over one week. At the end of the week, each person completed a job stress questionnaire. A high score on the questionnaire indicated high job stress and a low score indicated low job stress.

The results are shown in Table 2 below.

Suggest a suitable hypothesis for this study.

0 7

Table 2 Hours worked in a week and job stress score

Participants	Hours worked in a week	Job stress score
1	69	12
2	48	8
3	50	9
4	52	11
5	25	2
6	40	6
7	25	4
8	38	9
9	45	3
10	37	2

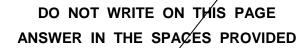
	[3 marks]
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9	ldentify drawn	y and int in your a	erpret th answer to	e relation 0 8 .	nship sho	own in th	ne graphical	display you ha

1 0	State an appropriate statistical test the psychologist could use data in Table 2 . Justify your answer	to analyse the
	• •	[4 marks
1 1	The psychologist wants to know whether the results from the judgestionnaire are reliable. Explain one way in which the psychassess the reliability of the job stress questionnaire.	ob stress nologist could
		[4 marks

1 2	Briefly discuss at least one problem that might occur with asking pa to record in a diary the number of hours they worked.			
		[4 marks]		
1 3	Explain one ethical issue the psychologist would need to consider w	hen		
	carrying out this study.	[4 marks]		

1 4	Another researcher decides to carry out a pilot study observation of how people spend their break time at work. She visits an office where all the employees have a 15-minute morning break. All employees spend their 15-minute break in a lounge area where there is seating and a drinks machine. Suggest one advantage of carrying out a pilot study. [1 mark]
1 5	Suggest three behavioural categories the researcher could observe at break time. Write your answers in the spaces below. [3 marks]
i 	
ii	
11	1
	END OF QUESTIONS



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