## OXFORD

INTERNATIONAL AQA EXAMINATIONS

Please write clearly in block capitals.

Centre number |  |  |  |  |  |
| :--- | :--- | :--- | :--- | :--- | Candidate number



Surname
Forename(s)
Candidate signature

## INTERNATIONAL A-LEVEL PSYCHOLOGY

## UNIT 3 ADVANCED TOPICS AND RESEARCH METHODS 2

Specimen 2018
Morning Time allowed: 1 hour 30 minutes

## Materials

For this paper you must have:

- a calculator, which you are expected to use where appropriate.


## Instructions

- Use black ink or black ball-point pen.
- Fill in the boxes at the top of the page.
- Answer all questions.
- You must answer the questions in the spaces provided.

Do not write outside the box around each page or on blank pages.

- All working must be shown.
- Do all rough work in this book. Cross through any work you do not want to be marked.


## Information

- The marks for questions are shown in brackets.
- The maximum mark for this paper is 90 .
- You may use a bilingual dictionary.
- You may not use an English dictionary.

| For Examiner's Use |  |
| :---: | :---: |
| Question | Mark |
| 1 |  |
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| TOTAL |  |

## Section A: Psychology of sleep

Answer all questions in the spaces provided

| $\mathbf{0}$ | $\mathbf{1}$ | In Table $\mathbf{1}$ below there are four examples of biological rhythms. |
| :--- | :--- | :--- |

For each example, indicate whether it is a circadian, infradian or ultradian rhythm by ticking the correct box in Table 1 next to the example.

Table 1

| Example of <br> biological rhythm | circadian | infradian | ultradian |
| :--- | :--- | :--- | :--- |
| Alternating periods <br> of REM and non- <br> REM sleep |  |  |  |
| Changes in body <br> temperature <br> throughout the day <br> and night |  |  |  |
| Depression that <br> occurs regularly at <br> a certain time of <br> year |  |  |  |
| The normal sleep- <br> wake cycle |  |  |  |


| $\mathbf{0}$ | $\mathbf{2}$ Read the item and answer the question that follows. |
| :--- | :--- | :--- |

Leila is a doctor. She has just started working on night duty at the hospital. After a week on night duty, she finds that she has problems sleeping during the day and is becoming anxious and irritable. Leila also finds it hard to concentrate when she is working at night.

Explain what is meant by endogenous pacemakers and exogenous zeitgebers. Refer to Leila's experiences in your answer.
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| $\mathbf{0}$ | $\mathbf{3}$ Describe and evaluate the restoration theory of sleep. |
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## Section B: Schizophrenia

Answer all questions in the spaces provided.

| $\mathbf{0}$ | $\mathbf{4}$ Describe the procedure and findings of a study in which the reliability of |
| :--- | :--- | diagnosis of schizophrenia was investigated.

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| :--- | :--- | Read the item and answer the question that follows.

Matt and Andrew both show symptoms of schizophrenia in their behaviour.
Matt believes that people want to hurt him. He hears voices telling him to stay in the house and keep the blinds closed. He sometimes has periods of wild excitable behaviour.

When Andrew speaks, his words are unconnected and the sentences make no sense. He cannot be bothered to get out of bed or eat.

Four symptoms of schizophrenia are listed below. Choose a behaviour from the descriptions of either Matt or Andrew above to match each symptom. Write the matching behaviour in the space provided next to the name of the symptom.

| Symptom | Behaviour from the descriptions of Matt or Andrew |
| :--- | :--- |
| Avolition |  |
| Delusion |  |
| Hallucination |  |
| Speech poverty |  |

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## Section C Research: Research Methods 2

Answer all questions in the spaces provided.

A psychologist wanted to know if there was a relationship between job stress and the number of hours worked per week.

He asked 10 people working in different jobs to record in a diary the number of hours they worked over one week. At the end of the week, each person completed a job stress questionnaire. A high score on the questionnaire indicated high job stress and a low score indicated low job stress.

The results are shown in Table 2 below.
Table 2 Hours worked in a week and job stress score

| Participants | Hours worked in a <br> week | Job stress score |
| :---: | :---: | :---: |
| 1 | 69 | 12 |
| 2 | 48 | 8 |
| 3 | 50 | 9 |
| 4 | 52 | 11 |
| 5 | 25 | 2 |
| 6 | 40 | 6 |
| 7 | 25 | 4 |
| 8 | 38 | 9 |
| 9 | 45 | 3 |
| 10 | 37 | 2 |

Suggest a suitable hypothesis for this study.
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| $\mathbf{0}$ | $\mathbf{8}$ Using the data in Table 2, sketch an appropriate graphical display and label |
| :--- | :--- | :--- | the axes. Use the graph paper below. You do not need to provide a title for your graph.

[4 marks]


| 0 | $\mathbf{9}$ Identify and interpret the relationship shown in the graphical display you have |
| :--- | :--- | drawn in your answer to 08.

[3 marks]
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State an appropriate statistical test the psychologist could use to analyse the data in Table 2. Justify your answer
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| 1 | 1 | The psychologist wants to know whether the results from the job stress |
| :--- | :--- | :--- | questionnaire are reliable. Explain one way in which the psychologist could assess the reliability of the job stress questionnaire.

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Briefly discuss at least one problem that might occur with asking participants to record in a diary the number of hours they worked.
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| 1 | 3 | Explain one ethical issue the psychologist would need to consider when |
| :--- | :--- | :--- | carrying out this study.

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| 1 | 4 | Another researcher decides to carry out a pilot study observation of how |
| :--- | :--- | :--- | people spend their break time at work. She visits an office where all the employees have a 15 -minute morning break. All employees spend their 15 minute break in a lounge area where there is seating and a drinks machine.

Suggest one advantage of carrying out a pilot study.
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15 Suggest three behavioural categories the researcher could observe at break time. Write your answers in the spaces below.
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ii
iii $\qquad$
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END OF QUESTIONS


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